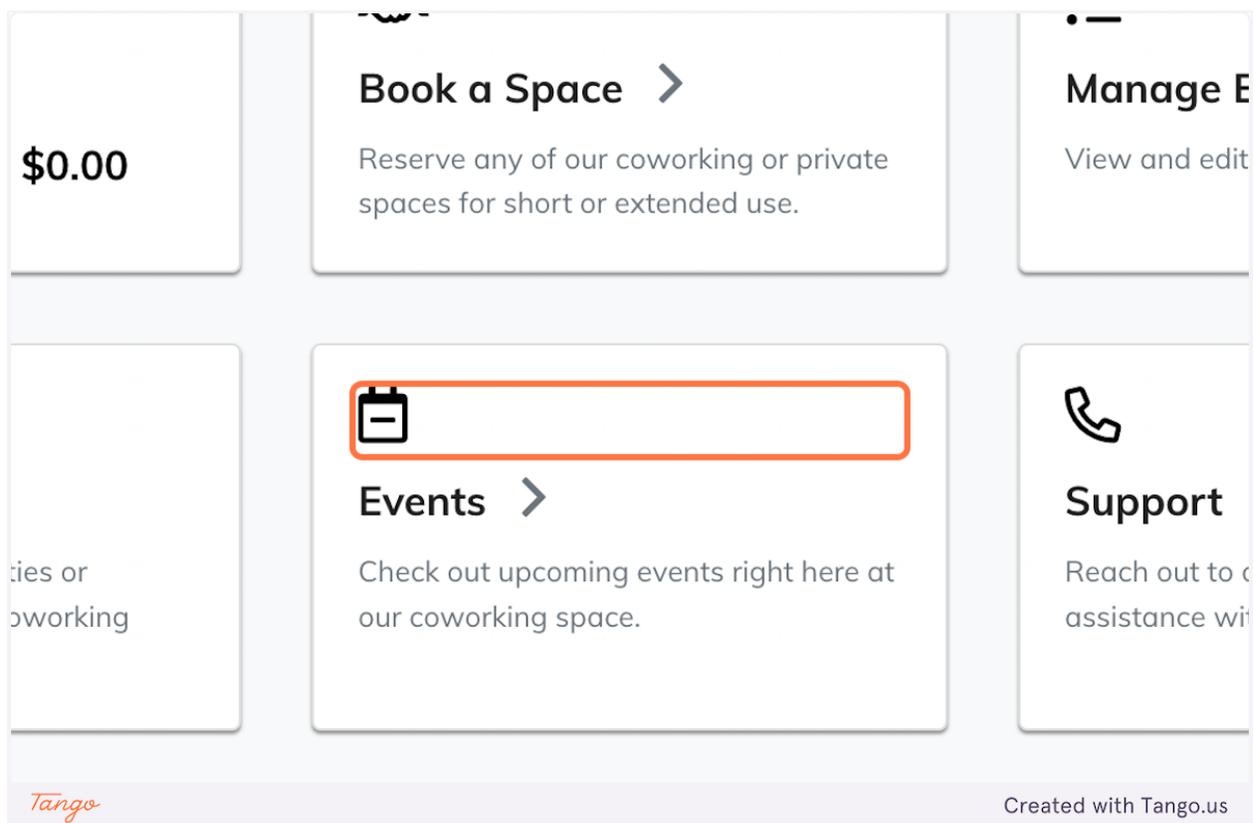


How to RSVP for Member Programming

[# Member Portal](#)

Go to <https://102222cente.yardikube.com/member/content/#/app/dashboard>

1. Click on Events...



2. Click on RSVP

influences how you move. How you move influences how you think. How you think influences how you breathe. YOU are the prime mover of your experience, directing where your mind, body, breath, and energy flow. Dr. Ternes works with one-on-one clients, athletic teams, and organizations to bring an element of mi

RSVP ▾

your own 6 pack of yo
beer. Questions? Ask
Associate.

RSVP

3. Click on Going

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RSVP ▾

✓ Going

✗ Can't Go

beer. Questions? Ask Associate.

RSVP

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